

ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	PRO-Valley	Colorado Beef	Ben E. Keith
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MEAT PRODUCTS- RAW

1	8 Piece Cut Chicken	per lb	385-44			0.69	0.88		2.232				1.38
2	Bacon	per lb	390-49			1.87			4.453	1.89	1.69		2.04
3	Beef Cheek Meat	per lb	385-44			2.50			3.625		2.35	2.59	2.45
4	Beef Ground 80/20 Only	per lb	390-49			2.19			2.534		1.69	1.79	2.29
5	Beef Stew Meat	per lb	390-49			3.79			5.435	3.29	3.49		3.40
6	Beef Tongue	per lb	390-49						7.49		3.79	4.59	5.37
7	Brisket	per lb	390-49			2.59			2.94	2.59	2.44	2.45	2.48
8	Bustin Pork Butt bone In	per lb	390-49			1.59			1.375	1.19	1.27		1.17
9	Pork Spare Ribs	per lb	390-49			1.69			2.59	1.79	1.62		2.07
10	Chicken Breast B/I	per lb	385-44						1.239			0.75	
11	Chicken Thigh Meat (No Solution)	per lb	385-44			1.07			3.312	0.99	0.75	0.62	0.95
12	Chicken Thighs B/I	ea	385-44					0.87	1.216				0.42
13	Chorizo Beef	per lb	390-49			2.28	1.84		2.784	1.83			2.36
14	Chorizo Pork	per lb	390-49			2.18			2.965			2.49	2.36
15	Fish Fillets	per lb	390-70			1.88			2.423		1.89		
16	Ground Turkey	per lb	390-49			2.31	0.78		1.123	0.78			0.93
17	Hamburger Patty 3 oz	ea	390-49			2.40			3.834		2.92		2.77
18	Pork Chops	per lb	390-49			2.17			5.228	1.92	2.09		3.80
19	Sausage Cheese Stuffed/ U Shape	per lb	390-49			2.95			6.432				4.99
20	Sweetbreads	per lb	390-49			2.39			3.125		1.85	2.29	2.27
21	Boneless Chicken Breast	per lb	390-49			1.10			3.623	0.99	0.88	0.79	1.10
22	Party Wings Drumlets	per lb	390-49						4.557	1.99		0.81	2.50
23	Beef Center Cut Ribs	per lb	390-49						13.363				4.88

DAIRY PRODUCTS

1	Am Cheese Sliced	per lb	390-07			2.30			2.558	2.29	2.29		2.40
2	Buttercups	ea	380-10			0.03			0.039	0.03			0.03
3	Cream Cheese (No more than 3lbs)	per lb	390-07			1.99			2.265				6.16
4	Frozen Egg	per lb	385-30	0.73			0.59		1.538	1.14			
5	Mozz Cheese Grated	per lb	390-07			3.30	2.21		4.067	2.19			2.97
6	Oleo Solids (30ct)	per lb	390-56	0.68		0.87			0.876	0.75			0.84
7	Sour Cream (No more than 5lbs)	per lb	380-30			1.28			1.284				1.40

MEAT PRODUCTS FULLY COOKED

1	Beef Taco Meat	per lb	390-49				1.08	1.09	3.109	1.08			2.50
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MEAT PRODUCTS- RAW													
2	Beef Diced	per lb	390-49						7.571	3.29			
3	Bologna Turkey	per lb	390-49				1.12	1.18		1.12			
4	Bologna Chicken SL	per lb	390-49	1.11								1.29	
5	Breakfast Burritos 5oz	ea	385-47				0.35		0.571				0.64
6	Breakfast Buiscuit	ea	385-47				0.57		1.582				1.67
7	Breakfast Wrap	ea	385-47							0.20			
8	Breakfast Taco	ea	385-47										
9	Burritos 5.75oz bf&bn	ea	385-47			0.37			0.823	0.36			0.47
10	Chicken Bread Pat 4oz	ea	390-49			0.24	0.31	0.30	0.505	0.24			0.42
11	Chicken Grilled Pat 3oz	ea	390-49			0.80			1.131				1.23
12	Chicken Fried Steak 4oz	ea	385-47	0.26		0.97	0.24	0.29	0.974	0.24			1.80
13	Chicken Nuggets	per lb	390-49			2.39			2.125	1.29			3.10
14	Chicken Shredded	per lb	390-49					1.08	3.216				3.10
15	Corn Dogs Stickles	ea	385-47			0.31	0.18	0.23	0.728				0.49
16	Fish Patty 4oz	ea	385-46					0.29	0.757	0.32			
17	Franks Beef	ea	390-49			0.50			3.383				0.29
18	Franks Turkey	ea	390-49				0.12	0.14	0.224	0.12			
19	Franks Chicken	ea	390-49	0.09								0.09	
20	Ham Diced	per lb	390-49			3.19			3.899				3.00
21	Ham Pit Whole	per lb	390-49			1.92			2.737	1.69			2.58
22	Ham Sliced	per lb	390-49			4.79			5.578				3.75
23	Meatballs	per lb	390-49			2.95		1.19	4.69	1.17			3.67
24	Pizza	ea	385-57			4.45			5.575				5.92
25	Sausage Patty Turkey	ea	390-49					0.09	0.231	0.08			0.27
26	Tamales	ea	390-77			0.29			0.335				0.30
27	Turkey Breast Slice	per lb	390-49			4.97	2.19		5.75				3.67
28	Turkey Breast Whole	per lb	390-49			2.85	1.69	1.38	3.418	1.29			
29	Turkey Ham Diced	per lb	390-49	1.72									2.17
30	Turkey Ham Whole	per lb	390-49					1.57	4.075				2.99
31	Chop Beef BBQ	ea	390-49			2.39	1.76	1.93	5.972				2.70
32	Kolaches	ea	385-47										0.50
33	FC Hamburger Patty 3oz	ea	390-49					0.25	1.72	0.24			0.65
34	Philly Steak Meat	per lb	390-49						5.625	1.59			3.46

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MEAT PRODUCTS- RAW

35	Pigs in Blanket	ea	385-47						0.519				0.50
36	variety fully cooked wings	lb	385-47			3.35			4.557				4.10
37	boneless chicken breast	lb	385-47			3.69			3.623	0.99			4.60

STAPLES (PERISHABLES & NON-PERISHABLES)

1	Apples Whirls (cereal)	ea	393-35			0.23			0.402				0.32
2	Applesauce	6/10lb	393-54	22.08		20.35			6.233	24.59			31.99
3	Baking Powder	per lb	393-32			1.72			1.761				2.11
4	Baking soda	per lb	393-76	0.68		0.95			0.685				1.20
5	Banana Pudding	6/10lb	393-46			36.00			5.553				29.99
6	BBQ Sauce	4/ 1 gal	393-48		9.19	34.10			12.033				19.99
7	Beef Base	per lb	393-78	0.79	2.75	2.02			1.798				2.40
8	Biscuit Mix	6/ 5 lbs	393-04			28.90			6.09				0.30
9	Biscuit Frozen FC 3oz	ea	385-06			0.27	0.24		0.261				0.25
10	Black Pepper	per lb	393-80	4.39	6.00	6.49			12.878				7.20
11	Blueberry Mix	6/5 lbs	393-46			34.95							46.99
12	Bread Sticks raw 1 oz	ea	375-15			0.11			0.099				0.15
13	Cake Mix (Chocolate)	6/5 lbs	393-46			34.00			12.797				47.99
14	(Orange)	6/5 lbs	393-46										
15	(White)	6/5 lbs	393-46			34.00			10.06				26.88
16	(Yellow)	6/5 lbs	393-46			34.00			10.06				26.88
17	California Blend	per lb	385-96	22.34		1.19			0.945	0.89			1.15
18	Carrots Sliced	6/10lb	393-86			33.95			5.095				30.00
	carrots Diced	6/10lb	393-86			33.95			5.423	22.49			30.00
19	Cayenne Pepper	per lb	393-80	3.28		4.25			8.996				5.20
20	Cheese Grated Immi	per lb	390-07	1.29		1.31			4.021	1.39			4.40
21	Cheese Sauce	6/10lb	393-48	31.74		37.90			7.883				40.00
22	Cheese Sliced Immi wrapped	per lb	390-07	1.14		1.76			2.956	1.18			
23	Cherry Pie Filling	per lb	393-46			1.83			1.847				2.23
24	Chicken Base	per lb	393-78	0.79	1.95	1.93			1.948				2.20
25	Chile Ancho	per lb	393-80						18.58				
26	Chile Blend Spice	per lb	393-80			6.99			2.352				
27	Chile Cascabel	per lb	393-80										
28	Chile Powder	per lb	393-80	3.54		4.25			7.747				27.99

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MEAT PRODUCTS- RAW													
29	Chocolate Chip	per lb	393-37	2.07					2.196				4.00
30	Chocolate Pudding	6/10lb	393-46			40.98			5.627	32.49			30.00
31	Cinnamon Ground	per lb	393-80	3.40		6.49			9.678				5.00
32	Cinnamon Whole	per lb	393-80			27.00			30.63				28.50
33	Cocoa Mix	per lb	393-37						6.133				
34	Coconut Shredded	per lb	393-38			2.34			2.376				2.90
35	Coffee	per lb	385-14		5.60	5.55			6.392				
36	Condensed Milk	24/14 oz	393-64			42.79			1.79				50.00
37	Cookies Asst.	per lb	393-43	1.16					2.724	1.09			2.99
38	Cooking Oil	35 lbs	393-75			22.95			0.952				23.99
39	Corn Bread Mix	6/5 lb	393-04			29.95			5.017				33.98
40	Variety Corn Chips 1.25 oz	ea	393-10			0.22			0.455				0.50
41	Corn Flakes 1 oz	ea	393-35			0.23			0.469				0.55
42	Corn Pops 1 oz	ea	393-35			0.23			0.579				
43	Corn Starch 24	24/1 lb	393-42	18.89		19.65			0.763				20.99
44	Corn Whole	6/10lb	393-86	22.09		32.95			5.326				30.99
45	Cream Mushroom	12/50oz	385-84	38.92		48.99			3.804				47.99
46	Creamer Coffee Pks	ea	393-44			0.022			0.018				0.02
47	Cumin	per lb	393-80	3.49		4.59			4.679	3.39			5.75
48	Dill Pickles	5 gal	393-69	19.64					5.24				19.99
49	Dill Relish	4/1 gal	393-69			25.00			5.473				23.99
50	Dry Yeast pks	20/1 lb	393-90	44.49		53.97			2.812				70.99
51	Egg Shell Color	1 pt	393-50						5.598				7.87
52	Elbow Mac	per lb	393-61	0.64		0.79			1.121				1.10
53	Extract Almond	1 pt	393-50						5.012				5.79
54	Lemon	1 pt	393-50						11.673				13.99
55	Vanilla	1 pt	393-50						4.37				4.99
56	Banana	1 pt	393-50						7.228				8.99
57	Flour	per lb	393-51			0.29			0.293				0.28
58	French Fries Crinkle Cut	6/10lb	385-96			30.95	13.00		1.396				24.99
59	Frosted Flakes 1oz	ea	393-35			0.23			0.405				0.33
60	Fruit Whirls (Cereal)	ea	393-35			0.23			5.15				0.50
61	Fruit Cocktail	6/10lb	393-54			39.97			9.127	32.59			48.67

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MEAT PRODUCTS- RAW													
62	Fruit Punch Sweet powder mix	24/12.5	393-33		33.25	29.25			3.001				35.98
63	Garlic Crushed	per lb	393-80		4.00	3.50			8.714				3.99
64	Graham Crackers pk	ea	393-43			0.13			0.21	0.14			0.33
65	Green Beans	6/10lb	393-86	22.92		27.49			4.832	22.59			31.99
66	Gravy Coloring	gal	393-50			27.16			0.231				31.99
67	Hamony	6/10lb	393-86	21.82		17.99			3.887	21.99			17.99
68	Honey Oats (Cereal)	ea	393-35			0.23			12.95				0.50
69	Italian Seasoning	per lb	393-80	4.42					15.585				16.00
70	Jell-O Green	24/ 1 lb	393-46						1.619				
71	Jell-O Orange	24/ 1 lb	393-46						1.619				30.98
72	Jell-O Strawberry	24/ 1 lb	393-46						1.619				30.98
73	Jelly Packs 10 gr	ea	393-59	0.03		0.05			0.072				0.05
74	Ketchup pks 9 gr	ea	393-48			0.03			0.041				0.02
75	Lemon Pepper	per lb	393-80			2.69			12.21				3.71
76	Lemonade Sweet powder mix	24/12.5	393-33		33.25	29.25			0.645				35.98
77	Mayo	4/1 gal	393-48			25.00			6.255				29.99
78	Mandarin Orange	6/10lb	393-54	25.92		26.55			5.63	26.59			42.99
79	Marshmallows	12/1 lb	393-34			25.00			2.183				25.57
80	Instant Mashed Potato Can	6/3 lb	393-87	45.69		59.50			9.273				59.69
81	Mighty Protein shake	ea	271-28			0.35			0.42				0.45
82	Mustard	4/1 gal	393-48			18.95			5.23	17.96			14.99
83	Mustard Pks 1.5 gr	ea	393-48			0.02			0.231	0.02			0.03
84	Muffins variety cooked	ea	375-45						0.948				0.55
85	Oatmeal	12/42 oz	393-36			38.88			3.374				41.89
86	Orange Punch Sweet powder mix	24/ 12.5	393-33			29.25			2.386				35.98
87	Oregano Ground	per lb	393-80	3.19		13.81			13.698				10.68
88	Pancake Mix	6/5lb	393-46		0.85	24.95			0.877				28.58
89	Paprika	per lb	393-80	2.98	3.90	3.49			4.012				4.80
90	Peaches Sliced	6/10lb	393-54						8.108				45.99
91	Peaches Diced	6/10lb	393-54	22.47		25.50			0.38	22.51			45.99
92	Peanut Butter	per lb	393-68	1.18		1.46			2.172	1.17			2.00
93	Peanut Butter & Jelly Combo pks	2.12 oz	393-68			0.29			0.572				
94	Pears Sliced	6/10lb	393-54						7.83				46.87

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MEAT PRODUCTS- RAW													
95	Pears Diced	6/10lb	393-54	21.89		28.97			8.067	22.62			46.87
96	Peas	6/10lb	393-87	21.22		36.00			5.575	21.59			
97	Peppers Crushed	per lb	393-80			5.29			9.914				3.00
98	Pineapple Chunks	6/10lb	393-54						6.55				31.99
99	Pineapple Slice	6/10lb	393-54						6.608				41.98
100	Pineapple Titbits	6/10lb	393-54						8.77	32.96			38.99
101	Pinto Beans (raw)	50 lbs	393-87			34.69			0.669				41.99
102	Pinto Beans (can)	6/10lb	393-87	23.19		28.99			4.888	23.24			24.67
103	Pork Beans	6/10lb	393-86	23.47		27.92			4.917				32.58
104	Variety Potato Chips 1 oz	ea	393-10			0.355	0.33		0.448				0.53
105	Potato Hash Brown	6/5lb	385-96						1.171				45.00
106	Potato Sliced	6/10lb	393-86	27.44					5.183				49.99
107	Powder Milk	per lb	393-65			2.41			2.211	2.18			2.68
108	Raisins	per lb	393-55	1.62		2.25			1.727				1.26
109	Ranch Dressing Pks 9 gr	ea	393-48			0.08	0.23		0.098	0.06			0.09
110	Can Raviolis in meat Sauce	6/10lb	393-61			40.98			10.265				66.99
111	Rotini	per lb	393-61	0.64		0.95			1.307				1.12
112	Rice (Grain)	per lb	019-66			0.49			0.425				0.44
113	Rice Krispies	ea	393-35			0.23			0.402				0.35
114	Salad Dressing pks 9gr	ea	393-48			0.06			0.073	0.04			
115	Salt Round	24/26 oz	393-73			18.50			0.798				19.79
116	Saltines Pks	ea	393-43	0.024		0.027			0.011				0.03
117	Season all Spice	per lb	393-80			1.19			1.127				15.99
118	Shortening	per lb	393-75	0.83		0.85			0.857		0.44		0.82
119	Soy Sauce	4/1 gal	393-48	12.05		20.49			9.94				21.97
120	Spaghetti	per lb	393-61	0.67		0.99			1.125				1.09
121	Stuffing Mix	6/5 lbs	393-04						2.696				63.99
122	Sugar	per lb	393-81			0.57			0.692				0.60
123	Brown Sugar	per lb	393-81			1.25			1.263				
124	Sugar pks	ea	393-81	0.007		0.0065			0.007				0.01
125	Sugar Powder	per lb	393-81			1.35			1.14				
126	Sweet & Low pks	ea	393-81			0.008			0.028				0.01
127	Syrup pks 1 oz	ea	393-82	0.07		0.13			0.143	0.12			0.10

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MEAT PRODUCTS- RAW													
128	Tapioca Pudding	6/10lb	393-46						6.313				38.99
129	Tartar Sauce pks 9 gr	ea	393-48			0.07			0.091	0.07			0.08
130	Sweet Tea	3/8 oz	393-33			24.95			0.518				
131	Teriyaki Glaze	gal	393-50			15.80			11.621				14.97
132	Tomato Diced	6/10lb	393-86	19.65		24.50			4.56	20.34			23.57
133	Tomato Sauce	6/10lb	393-48	19.19		22.49			5.158	18.99			22.99
134	Tuna	6/4 lbs	393-74	42.17		54.00			14.53	46.93			61.99
135	Vanilla Pudding	6/10lb	393-46			35.00			5.977	28.58			29.99
136	Veggie Mix	6/10lb	385-96	24.07		36.94			4.727	24.49			36.97
137	Waffles	ea	385-56			0.13	0.12		0.157	0.12			0.17
138	Whip Topping Dry	12/1 lb	393-46	24.18					2.08				38.99
139	Yams	6/10lb	390-84	26.38					7.595				40.67
140	French Onion Soup Base-bottle	12 oz	393-78						13.1				
141	County Gravy Mix	24 oz	393-48			2.87			2.89				4.00
142	Poultry Gravy Mix	15 oz	393-48			3.65			5.194				4.16
143	brown gravy	4 oz	393-80			2.96			4.505				
144	cilantro flakes	10 oz	393-80						6.363				
145	parsley flakes	1 pt	393-50			12.59			12.68				10.00
146	coconut extract	1 pt	393-50						13.945				16.99
147	imitation rum	ea	393-35										8.99
148	coco corn flakes	6/10lb	393-86			0.23							
149	sliced jalapenos	ea	393-35			22.97			3.94				26.98
150	all raisin bran	per lb	393-54			0.23			0.402				
151	pepperoni	cs	393-48			3.35			4.298				3.60
152	alfredo sauce	lbs	393-48			49.98			53.4				0.82
153	dehydrated beans	lbs	393-48			2.39			4.94				2.76
154	moles sauce	lbs	393-48			2.69			3.765				3.04
155	pasta shells	lbs	393-48	0.84		1.04			1.223				1.19
ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	pro valley	Colorado Beef	Ben E. Keith
SEASONAL													
1	Turkey Whole Raw	per lb	390-49						1.471				1.37

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MEAT PRODUCTS- RAW													
2	Pumpkin Pies	ea	375-52				4.00		6.088				6.66
3	Sweet Potato Pies	ea	375-52						6.372				7.99
4	Cheese Danish Variety	ea	375-45			0.51			0.621				0.5
5	Coffee Cake Variety	ea	375-45						17.745				21.99
6	Donuts Variety	ea	375-45						0.264				0.37
7	Cinnamon Rolls	ea	375-45						0.247				1.27
8	French Toast	ea	375-45				0.16		0.557	0.16			0.27
9	Honey Buns	ea	375-45			0.31			0.407				
10	Fried Pie	ea	375-45						0.466				

Meat Products Raw

- 5 beef stew raw pfg better product
- 15 fish fillets pro valey better product
- 18 pork chops pro valley better product
- 20 sweet breads pfg better product

Dairy Products

- 1 am cheese sliced pfg better product
- 4 frozen egg best choice better product
- 5 mozz cheese grated pfg better product

Meats Fully Cooked Raw

- 1 beef taco meat double d better product
- 9 burritos pfg better product
- 12 chicken fried steak double d better product
- 17 beef franks pfg better products
- 33 fc hamburger patty 3oz double d better product
- 36 variety fully cooked wings pfg better product
- 37 boneless chicken breast pfg better product

ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	PRO-Valley	Colorado Beef	Ben E. Keith
MEAT PRODUCTS- RAW													

Staples (perishable & non perishable)

- 17 california blend sysco better product
- 37 cookies asst. shaver better product
- 47 Cumin shaver better product
- 58 french fries crinkle cut pfg better product
- 65 green beans shaver better product
- 92 peanut butter shaver better product
- 104 variety pot chips pfg better products
- 109 ranch dressings best choice better products
- 112 rice pfg better products
- 114 salad dressing pfg better products
- 137 waffles pfg better products
- 154 mole sauce pfg better products
- 155 pasta shells pfg better products