

ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	PRO-Valley	Colorado Beef	Ben E. Keith
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MEAT PRODUCTS- RAW

1	8 Piece Cut Chicken	per lb	385-44			0.89	0.88		2.232				1.40
2	Bacon	per lb	390-49			1.89			4.453	1.76	1.54		2.10
3	Beef Cheek Meat	per lb	385-44			2.26			3.625	2.49	2.19	2.19	2.50
4	Beef Ground 80/20 Only	per lb	390-49						5.91		1.82	1.99	2.29
5	Beef Stew Meat	per lb	390-49						5.435		2.99		3.40
6	Beef Tongue	per lb	390-49						7.496		3.99	4.99	5.50
7	Brisket	per lb	390-49						5.743	2.49	2.44	2.69	2.57
8	Bustin Pork Butt bone In	per lb	390-49						2.09	1.19	1.15	0.99	1.20
9	Pork Spare Ribs	per lb	390-49				1.55		2.594		1.59		1.70
10	Chicken Breast B/I	per lb	385-44						1.239			0.99	
11	Chicken Thigh Meat (No Solution)	per lb	385-44						3.312	1.13	0.89	0.79	1.33
12	Chicken Thighs B/I	ea	385-44					0.88	1.216				0.45
13	Chorizo Beef	per lb	390-49			2.28	1.84	2.28	2.784	1.83			2.36
14	Chorizo Pork	per lb	390-49			2.15			2.965		2.99	2.45	2.36
15	Fish Fillets	per lb	390-70			1.94			2.423		2.05		2.17
16	Ground Turkey	per lb	390-49				0.78		1.02	0.78	1.99		10.00
17	Hamburger Patty 3 oz	ea	390-49						3.834		2.49		3.39
18	Pork Chops	per lb	390-49						5.28	1.87	1.98		3.79
19	Sausage Cheese Stuffed/ U Shape	per lb	390-49			2.95			6.432				5.49
20	Sweetbreads	per lb	390-49						3.125		1.99	2.38	2.37
21	Boneless Chicken Breast	per lb	390-49			1.40			3.623	1.26	0.99	0.99	1.30
22	Party Wings Drumlets	per lb	390-49						4.557			0.70	9.99
23	Beef Center Cut Ribs	per lb	390-49						14.602				5.09

DAIRY PRODUCTS

1	Am Cheese Sliced	per lb	390-07			2.75			4.152	2.29	2.68		3.30
2	Buttercups	ea	380-10			0.027			0.39	0.03			0.03
3	Cream Cheese (No more than 3lbs)	per lb	390-07			2.15			2.265				6.50
4	Frozen Egg	per lb	385-30	0.78			0.75		1.538	1.16			1.17
5	Mozz Cheese Grated	per lb	390-07			3.29			4.477	2.22			3.60
6	Oleo Solids (30ct)	per lb	390-56	0.73		0.79			0.876	0.75			0.89
7	Sour Cream (No more than 5lbs)	per lb	380-30			1.28			1.284				1.40

MEAT PRODUCTS FULLY COOKED

1	Beef Taco Meat	per lb	390-49				1.14	1.09	3.109	1.08			2.68
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MEAT PRODUCTS- RAW													
2	Beef Diced	per lb	390-49						7.571	6.55			3.46
3	Bologna Turkey	per lb	390-49				1.12	1.18		1.12			
4	Bologna Chicken SL	per lb	390-49									1.29	
5	Breakfast Burritos 5oz	ea	385-47				0.34		0.571				0.69
6	Breakfast Buiscuit	ea	385-47				0.57		1.582				0.43
7	Breakfast Wrap	ea	385-47							0.20			
8	Breakfast Taco	ea	385-47				0.47						1.20
9	Burritos 5.75oz bf&bn	ea	385-47			0.37			0.739	0.36			0.33
10	Chicken Bread Pat 4oz	ea	390-49			0.24		0.30	0.505	0.24			0.45
11	Chicken Grilled Pat 3oz	ea	390-49			0.80	0.30		1.131				2.82
12	Chicken Fried Steak 4oz	ea	385-47	0.26		0.97	0.24	0.29	0.0974	0.24			0.94
13	Chicken Nuggets	per lb	390-49			22.90			2.125	1.49			3.80
14	Chicken Shredded	per lb	390-49				1.97	1.08	3.216				3.25
15	Corn Dogs Stickles	ea	385-47			0.19	0.18	0.23	0.728	0.19			0.50
16	Fish Patty 4oz	ea	385-46			0.35		0.29	0.757	0.32			
17	Franks Beef	ea	390-49			0.50			3.383				0.46
18	Franks Turkey	ea	390-49				0.12	0.14	0.224	0.12			0.25
19	Franks Chicken	ea	390-49									0.10	
20	Ham Diced	per lb	390-49			3.15			3.899				3.19
21	Ham Pit Whole	per lb	390-49			2.09			2.737	1.69			2.58
22	Ham Sliced	per lb	390-49						5.578				3.83
23	Meatballs	per lb	390-49			2.75	1.17	1.19	4.69	1.17			4.39
24	Pizza	ea	385-57			4.45			5.575				6.25
25	Sausage Patty Turkey	ea	390-49				0.09	0.09	0.2311	0.08			0.38
26	Tamales	ea	390-77			0.29	0.30		0.335	0.28			0.55
27	Turkey Breast Slice	per lb	390-49				2.19		5.758				3.88
28	Turkey Breast Whole	per lb	390-49				1.49	1.38	3.418	1.29			1.88
29	Turkey Ham Diced	per lb	390-49	1.72									2.39
30	Turkey Ham Whole	per lb	390-49						3.335				3.18
31	Chop Beef BBQ	ea	390-49			2.39	1.73	1.80	5.972				2.68
32	Kolaches	ea	385-47										0.52
33	FC Hamburger Patty 3oz	ea	390-49				0.25	0.25	2.425	0.24			0.69
34	Philly Steak Meat	per lb	390-49						5.625	1.49			3.45

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MEAT PRODUCTS- RAW

35	Pigs in Blanket	ea	385-47						0.519				0.52
36	variety fully cooked wings	lb	385-47			3.99			4.557				3.26
37	boneless chicken breast	lb	385-47			3.69			3.623	1.26			5.99

STAPLES (PERISHABLES &NON-PERISHABLES)

1	Apples Whirls (cereal)	ea	393-35			0.23			0.402				0.33
2	Applesauce	6/10lb	393-54	20.14		20.35			6.233	24.59			33.99
3	Baking Powder	per lb	393-32			1.69			1.761				2.40
4	Baking soda	per lb	393-76	0.68		0.89			0.685				1.80
5	Banana Pudding	6/10lb	393-46			33.92			5.553				31.57
6	BBQ Sauce	4/ 1 gal	393-48		9.19	34.10			12.033				19.99
7	Beef Base	per lb	393-78	0.82	2.75	2.02	1.13		1.798				2.40
8	Biscuit Mix	6/ 5 lbs	393-04			28.90			6.09				31.77
9	Biscuit Frozen FC 3oz	ea	385-06			0.27	0.24		0.261				0.27
10	Black Pepper	per lb	393-80	4.39	6.00	6.49	4.42		12.878				8.40
11	Blueberry Mix	6/5 lbs	393-46			34.95							74.99
12	Bread Sticks raw 1 oz	ea	375-15						0.99				0.15
13	Cake Mix (Chocolate)	6/5 lbs	393-46			34.00			12.797				49.99
14	(Orange)	6/5 lbs	393-46										
15	(White)	6/5 lbs	393-46			34.00			10.06				28.57
16	(Yellow)	6/5 lbs	393-46			34.00			10.06				28.57
17	California Blend	per lb	385-96			1.19			0.945	0.87			1.15
18	Carrots Sliced	6/10lb	393-86	23.39		33.95			5.095				31.67
	carrots Diced	6/10lb	393-86	22.72		33.95			5.423	22.96			31.88
19	Cayenne Pepper	per lb	393-80	3.24		4.25			8.996				4.80
20	Cheese Grated Immi	per lb	390-07	1.31		1.34			4.089	1.35			4.80
21	Cheese Sauce	6/10lb	393-48	32.59		34.98			7.883	31.99			41.99
22	Cheese Sliced Immi wrapped	per lb	390-07	1.14					3.482	1.17			
23	Cherry Pie Filling	per lb	393-46			1.83			1.847				2.45
24	Chicken Base	per lb	393-78	0.82	1.95	1.93	1.13		1.948				2.16
25	Chile Ancho	per lb	393-80						18.58				8.99
26	Chile Blend Spice	per lb	393-80			6.99			2.352				5.66
27	Chile Cascabel	per lb	393-80										
28	Chile Powder	per lb	393-80	3.54		4.25			7.747				4.65

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MEAT PRODUCTS- RAW													
29	Chocolate Chip	per lb	393-37	2.07					2.196				
30	Chocolate Pudding	6/10lb	393-46	3.38		40.98			5.627	32.49			29.99
31	Cinnamon Ground	per lb	393-80			5.75			9.678				5.19
32	Cinnamon Whole	per lb	393-80			27.00			30.63				35.00
33	Cocoa Mix	per lb	393-37						6.133				
34	Coconut Shredded	per lb	393-38			2.31			2.376				2.99
35	Coffee	per lb	385-14		5.60	5.55			6.392				
36	Condensed Milk	24/14 oz	393-64			42.79			1.79				52.88
37	Cookies Asst.	per lb	393-43	1.16					2.724	1.09			2.98
38	Cooking Oil	35 lbs	393-75			22.95			0.952				19.99
39	Corn Bread Mix	6/5 lb	393-04			29.95			5.017				34.99
40	Variety Corn Chips 1.25 oz	ea	393-10			0.22			0.455				0.53
41	Corn Flakes 1 oz	ea	393-35			0.23			0.469				0.57
42	Corn Pops 1 oz	ea	393-35			0.23			0.469				0.55
43	Corn Starch 24	24/1 lb	393-42	18.63		19.65			0.763				21.99
44	Corn Whole	6/10lb	393-86	23.59		32.98			5.326	24.59			32.97
45	Cream Mushroom	12/50oz	385-84	38.92		48.99			3.804				49.99
46	Creamer Coffee Pks	ea	393-44			0.02			0.018				0.02
47	Cumin	per lb	393-80	3.88		4.59			4.679	3.54			5.00
48	Dill Pickles	5 gal	393-69	19.77		19.79			5.24				19.99
49	Dill Relish	4/1 gal	393-69			24.95			5.473				23.99
50	Dry Yeast pks	20/1 lb	393-90	44.49		53.97			2.862				70.99
51	Egg Shell Color	1 pt	393-50						5.548				7.87
52	Elbow Mac	per lb	393-61	0.64		1.03			1.121				1.10
53	Extract Almond	1 pt	393-50						5.018				5.79
54	Lemon	1 pt	393-50						11.673				13.99
55	Vanilla	1 pt	393-50						4.37				4.99
56	Banana	1 pt	393-50						7.228				8.99
57	Flour	per lb	393-51			0.275			0.283				0.28
58	French Fries Crinkle Cut	6/10lb	385-96			31.95	13.00		1.396				24.99
59	Frosted Flakes 1oz	ea	393-35			0.23			0.405				0.33
60	Fruit Whirls (Cereal)	ea	393-35			0.23			5.15				0.50
61	Fruit Cocktail	6/10lb	393-54			39.79			9.127	32.59			48.67

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MEAT PRODUCTS- RAW													
62	Fruit Punch Sweet powder mix	24/12.5	393-33		33.25	29.25			3.001				35.98
63	Garlic Crushed	per lb	393-80		4.00	5.20			8.714	3.79			3.99
64	Graham Crackers pk	ea	393-43			0.12	0.14		0.21	0.14			0.33
65	Green Beans	6/10lb	393-86	23.44		26.98			4.832	22.97			31.99
66	Gravy Coloring	gal	393-50			27.16			0.231				31.99
67	Hamony	6/10lb	393-86	22.33		17.98			3.742	20.79			17.49
68	Honey Oats (Cereal)	ea	393-35			0.23			12.95				0.50
69	Italian Seasoning	per lb	393-80	4.89		13.25			15.585	4.47			16.00
70	Jell-O Green	24/ 1 lb	393-46				1.59		1.619				
71	Jell-O Orange	24/ 1 lb	393-46				1.59		1.619				30.98
72	Jell-O Strawberry	24/ 1 lb	393-46				1.59		1.619				30.98
73	Jelly Packs 10 gr	ea	393-59	0.03		0.05			0.072				0.05
74	Ketchup pks 9 gr	ea	393-48			0.027			0.041	0.03			0.02
75	Lemon Pepper	per lb	393-80			2.50			12.21				3.71
76	Lemonade Sweet powder mix	24/12.5	393-33		33.25	29.25			0.645				35.98
77	Mayo	4/1 gal	393-48			25.49			6.255				29.99
78	Mandarin Orange	6/10lb	393-54	26.92		28.25			5.63	27.59			42.99
79	Marshmallows	12/1 lb	393-34			24.92			2.103				25.57
80	Instant Mashed Potato Can	6/3 lb	393-87	45.69					9.273				59.69
81	Mighty Protein shake	ea	271-28			0.35			0.42				0.45
82	Mustard	4/1 gal	393-48			18.95	20.77		5.23				14.99
83	Mustard Pks 1.5 gr	ea	393-48			0.02			0.031	0.02			0.03
84	Muffins variety cooked	ea	375-45				0.21		0.948				0.55
85	Oatmeal	12/42 oz	393-36			38.88			3.374				41.89
86	Orange Punch Sweet powder mix	24/ 12.5	393-33			29.25			2.386				35.98
87	Oregano Ground	per lb	393-80	3.12		13.81			13.698				10.68
88	Pancake Mix	6/5lb	393-46		0.85	24.95			0.877				28.58
89	Paprika	per lb	393-80	2.98	3.90	3.49			4.012				4.80
90	Peaches Sliced	6/10lb	393-54	26.78					8.108				45.99
91	Peaches Diced	6/10lb	393-54	22.69		25.50			8.38	24.18			45.99
92	Peanut Butter	per lb	393-68	1.18		1.69			2.172	1.21			2.00
93	Peanut Butter & Jelly Combo pks	2.12 oz	393-68			0.29			0.572				
94	Pears Sliced	6/10lb	393-54						7.83				46.87

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MEAT PRODUCTS- RAW													
95	Pears Diced	6/10lb	393-54	22.82		26.97			1.067	22.18			46.87
96	Peas	6/10lb	393-87	21.22					5.575	21.59			
97	Peppers Crushed	per lb	393-80			5.95			9.914				3.00
98	Pineapple Chunks	6/10lb	393-54						6.55				31.99
99	Pineapple Slice	6/10lb	393-54						6.608				41.98
100	Pineapple Titbits	6/10lb	393-54						8.77	27.59			38.99
101	Pinto Beans (raw)	50 lbs	393-87			40.00			0.884				41.99
102	Pinto Beans (can)	6/10lb	393-87	23.34		28.99			4.112				24.67
103	Pork Beans	6/10lb	393-86	22.38		27.92			4.917				32.58
104	Variety Potato Chips 1 oz	ea	393-10			0.355	0.33		0.448				0.53
105	Potato Hash Brown	6/5lb	385-96				33.00		1.171				45.00
106	Potato Sliced	6/10lb	393-86	29.73					5.183	27.73			49.99
107	Powder Milk	per lb	393-65			2.41			2.211				2.68
108	Raisins	per lb	393-55	1.62		2.25			1.727				1.26
109	Ranch Dressing Pks 9 gr	ea	393-48			0.075	0.23		0.098				0.09
110	Can Raviolis in meat Sauce	6/10lb	393-61						10.265				66.99
111	Rotini	per lb	393-61	0.64		0.98			1.307				1.12
112	Rice (Grain)	per lb	019-66			0.42			0.425				0.44
113	Rice Krispies	ea	393-35						0.402				0.35
114	Salad Dressing pks 9gr	ea	393-48			0.04			0.073				
115	Salt Round	24/26 oz	393-73			18.50			0.798				19.79
116	Saltines Pks	ea	393-43	0.024		0.027	0.05		0.011				0.03
117	Season all Spice	per lb	393-80			1.12			1.127				15.99
118	Shortening	per lb	393-75	0.79		0.85			0.857				0.82
119	Soy Sauce	4/1 gal	393-48	11.29		20.49			4.94				21.97
120	Spaghetti	per lb	393-61	0.67		0.99			1.125				1.09
121	Stuffing Mix	6/5 lbs	393-04						2.696				63.99
122	Sugar	per lb	393-81			0.57			0.692				0.60
123	Brown Sugar	per lb	393-81			1.49			1.263				
124	Sugar pks	ea	393-81	0.0088		0.0065			0.007				0.01
125	Sugar Powder	per lb	393-81			1.35			1.14				
126	Sweet & Low pks	ea	393-81			0.008			0.088				0.01
127	Syrup pks 1 oz	ea	393-82				0.13		0.143				0.10

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MEAT PRODUCTS- RAW													
128	Tapioca Pudding	6/10lb	393-46						6.317				38.99
129	Tartar Sauce pks 9 gr	ea	393-48						0.091				0.08
130	Sweet Tea	3/8 oz	393-33			24.95			0.578				
131	Teriyaki Glaze	gal	393-50			15.80			11.621				14.97
132	Tomato Diced	6/10lb	393-86	18.83		24.50			4.56	18.49			23.57
133	Tomato Sauce	6/10lb	393-48	19.78		21.95			5.158	19.29			22.99
134	Tuna	6/4 lbs	393-74	42.17		54.00			14.53	46.93			61.99
135	Vanilla Pudding	6/10lb	393-46						5.977	28.53			29.99
136	Veggie Mix	6/10lb	385-96	24.62					4.127	23.29			36.97
137	Waffles	ea	385-56			0.13	0.12		0.157	0.12			0.17
138	Whip Topping Dry	12/1 lb	393-46	24.18					2.08				38.99
139	Yams	6/10lb	390-84	28.19					7.595	27.89			40.67
140	French Onion Soup Base-bottle	12 oz	393-78						13.1				
141	County Gravy Mix	24 oz	393-48			2.87			2.89				4.00
142	Poultry Gravy Mix	15 oz	393-48			3.49			5.194				4.16
143	brown gravy	4 oz	393-80			2.96			4.505				
144	cilantro flakes	10 oz	393-80						6.363				10.00
145	parsley flakes	1 pt	393-50			12.59			12.68				16.99
146	coconut extract	1 pt	393-50						13.945				8.99
147	imitation rum	ea	393-35										
148	coco corn flakes	6/10lb	393-86			0.23				0.21			26.98
149	sliced jalapenos	ea	393-35			23.49			3.948	22.98			
150	all raisin bran	per lb	393-54			0.23			0.402				
151	pepperoni	cs	393-48				3.05		4.298				3.60
152	alfredo sauce	lbs	393-48			49.98			53.45				82.00
153	dehydrated beans	lbs	393-48			2.39			4.94				2.76
154	moles sauce	lbs	393-48	0.89		2.59			3.765				3.04
155	pasta shells	lbs	393-48			1.04			1.223				1.19
ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	pro valley	Colorado Beef	Ben E. Keith
SEASONAL													
1	Turkey Whole Raw	per lb	390-49						1.361	1.29			1.37

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MEAT PRODUCTS- RAW													
2	Pumpkin Pies	ea	375-52				4.00		6.088				6.66
3	Sweet Potato Pies	ea	375-52						6.372				7.99
4	Cheese Danish Variety	ea	375-45						0.621				0.5
5	Coffee Cake Variety	ea	375-45						17.745				21.25
6	Donuts Variety	ea	375-45						0.264				0.37
7	Cinnamon Rolls	ea	375-45						0.247	0.17			1.19
8	French Toast	ea	375-45				0.16		0.557	0.16			0.27
9	Honey Buns	ea	375-45						0.376				
10	Fried Pie	ea	375-45						0.466				