

ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	Pro Valley	Colorado Beef	Ben E. Keith
------	-------------	----	------	--------	---------	-----	-------------	----------	-------	------	------------	---------------	--------------

## MEAT PRODUCTS- RAW

1	8 Piece Cut Chicken	per lb	385-44			0.89			2.232				1.55
2	Bacon	per lb	390-49			1.89	2.30		4.453	1.76	1.49		2.03
3	Beef Cheek Meat	per lb	385-44			2.25			3.625		2.09	2.19	2.58
4	Beef Ground 80/20 Only	per lb	390-49			2.35		2.99	5.960		1.99	1.75	2.20
5	Beef Stew Meat	per lb	390-49			3.38			5.435		3.40		4.99
6	Beef Tongue	per lb	390-49			4.15			7.496		4.15	4.19	3.99
7	Brisket	per lb	390-49			2.95			5.743	2.99	2.44	2.59	2.65
8	Bustin Pork Butt bone In	per lb	390-49			1.79			2.092	1.92	0.99		1.20
9	pork spare ribs	per lb	390-49			1.69			2.594	1.95	1.69		2.88
10	Chicken Breast B/I	per lb	385-44						1.216			0.90	1.33
11	Chicken Thigh Meat (No Solution)	per lb	385-44						3.312	1.24	0.99	0.70	1.35
12	Chicken Thighs B/I	ea	385-44			0.79		0.88	3.312				0.42
13	Chorizo Beef	per lb	390-49			2.79	1.84	2.28	2.965				2.48
14	Chorizo Pork	per lb	390-49			2.29			2.965			2.39	2.15
15	Fish Fillets	per lb	390-70			1.94			2.423	1.84	1.98		2.26
16	Ground Turkey	per lb	390-49				0.78		1.020	0.78			0.93
17	Hamburger Patty 3 oz	ea	390-49			0.69			3.834		2.34		3.49
18	Pork Chops	per lb	390-49			2.52			5.280	2.18	1.89		3.99
19	Sausage Cheese Stuffed/ U Shape	per lb	390-49			2.95			6.432				
20	Sweetbreads	per lb	390-49						3.125		1.99	1.99	2.37
*21	boneless chicken breast	lb	390-49			1.42			3.623	1.26	1.09	0.95	1.33
*22	party wings drumletts	lb	390-49						4.557			0.70	1.55
*23	beef center cut ribs	lb	390-49						14.602				4.49

## DAIRY PRODUCTS

1	Am Cheese Sliced	per lb	390-07			2.45			4.152	1.75	2.89		2.70
2	Buttercups	ea	380-10			0.03			0.039	0.03			0.025
3	Cream Cheese (No more than 3lbs)	per lb	390-07			2.14			2.265				6.16
4	Frozen Egg	per lb	385-30	0.78			0.81		1.538	1.16			
5	Mozz CheeseGrated	per lb	390-07			3.29			4.477	2.22			3.30
6	Oleo Solids (30ct)	per lb	390-56	0.75		0.75			0.876	0.78			0.87
7	Sour Cream (No more than 5lbs)	per lb	380-30			1.28			1.284				1.30

## MEAT PRODUCTS FULLY COOKED

ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	Pro Valley	Colorado Beef	Ben E. Keith
1	Beef Taco Meat	per lb	390-49				1.16	1.09	3.109	1.17			4.69
2	Beef Diced	per lb	390-49						7.571				8.99
3	Bologna Turkey	per lb	390-49				1.12	1.18		1.13			3.19
4	Bologna Chicken SL	per lb	390-49									1.29	
5	Breakfast Burritos 5oz	ea	385-47				0.34		0.571				0.70
6	Breakfast Buiscuit	ea	385-47				0.57		1.582				1.75
7	Breakfast Wrap	ea	385-47							0.20			
8	Breakfast Taco	ea	385-47										
9	Burritos 5.75oz bf&bn	ea	385-47			0.37			0.739	0.36			0.85
10	Chicken Bread Pat 4oz	ea	390-49			0.24	0.38	0.30	0.505	0.24			0.43
11	Chicken Grilled Pat 3oz	ea	390-49				0.29		1.131				0.86
12	Chicken Fried Steak 4oz	ea	385-47	0.24		0.94	0.24	0.29	0.974	0.24			0.90
13	Chicken Nuggets	per lb	390-49			2.29			2.125	0.92			2.69
14	Chicken Shredded	per lb	390-49					1.08	3.216				3.10
15	Corn Dogs Stickles	ea	385-47			0.19	0.18	0.23	0.728	0.19			0.51
16	Fish Patty 4oz	ea	385-46			0.35		0.29	0.757	0.32			
17	Franks Beef	ea	390-49			0.63			3.383				0.42
18	Franks Turkey	ea	390-49				0.12	0.14	0.224	0.12			0.26
19	Franks Chicken	ea	390-49									0.10	0.26
20	Ham Diced	per lb	390-49			3.75			3.899				2.99
21	Ham Pit Whole	per lb	390-49						2.737	1.69			2.69
22	Ham Sliced	per lb	390-49						5.578				3.83
23	Meatballs	per lb	390-49			2.59	1.17	1.19	4.259	1.17			3.39
24	Pizza	ea	385-57			4.45	4.48		5.575				5.91
25	Sausage Patty Turkey	ea	390-49				0.09	0.09	0.231	0.08			0.26
26	Tamales	ea	390-77			0.29	0.30		0.335				0.29
27	Turkey Breast Slice	per lb	390-49				2.19		5.75				4.39
28	Turkey Breast Whole	per lb	390-49			2.82	1.59	1.36	3.418	1.29			2.29
29	Turkey Ham Diced	per lb	390-49	1.72									2.49
30	Turkey Ham Whole	per lb	390-49				1.18	1.33	3.335				3.18
31	Chop Beef BBQ	ea	390-49			11.73	1.72	1.80	5.972				2.65
32	Kolaches	ea	385-47										
33	FC Hamburger Patty 3oz	ea	390-49				0.25	0.25	2.425	0.24			0.70
34	Philly Steak Meat	per lb	390-49				1.58		5.625	1.59			3.59

ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	Pro Valley	Colorado Beef	Ben E. Keith
35	Pigs in Blanket	ea	385-47						0.519				0.53
36	variety fully cooked wings	lb	390-49			3.79			4.557				4.39
37	boneless chicken breast	lb	390-49			3.69			3.623	1.26			0.86

**STAPLES (PERISHABLES & NON-PERISHABLES)**

1	Apples Whirls (cereal)	ea	393-35			0.23			0.402				11.25
2	Applesauce	6/10lb	393-54	20.14		20.35			6.233	24.59			33.99
3	Baking Powder	per lb	393-32			1.69			1.761				2.31
4	Baking soda	per lb	393-76	0.68		0.89			0.088				1.54
5	Banana Pudding	6/10lb	393-46			33.49			5.553				29.69
6	BBQ Sauce	4/ 1 gal	393-48		9.19	34.10	34.15		12.033				19.99
7	Beef Base	per lb	393-78	0.82	2.75	1.93	1.13		1.798				2.28
8	Biscuit Mix	6/ 5 lbs	393-04			30.85			6.09				29.88
9	Biscuit Frozen FC 3oz	ea	385-06			0.27	0.24		0.267				0.24
10	Black Pepper	per lb	393-80	4.48		6.49	4.42		12.878				7.95
11	Blueberry Mix	6/5 lbs	393-46			34.95							79.99
12	Bread Sticks raw 1 oz	ea	375-15						0.099				0.15
13	Cake Mix ( Chocolate)	6/5 lbs	393-46			34.00			12.797				47.99
14	(Orange)	6/5 lbs	393-46										
15	(White)	6/5 lbs	393-46			34.00			10.068				26.88
16	(Yellow)	6/5 lbs	393-46			34.00			10.068				26.88
17	California Blend	per lb	385-96			1.19			0.945	0.87			1.15
18	Carrots Sliced	6/10lb	393-86	22.89		33.95			5.095				29.78
	Carrots Diced	6/10lb	393-86	23.82		33.95			5.423	22.96			29.78
19	Cayenne Pepper	per lb	393-80	3.24		4.25			8.996				5.75
20	Cheese Grated Immi	per lb	390-07	1.31		1.33			4.889	1.35			4.05
21	Cheese Sauce	6/10lb	393-48	32.59		34.98			7.883	32.98			39.99
22	Cheese Sliced Immi wrapped	per lb	390-07	1.15		1.92			3.482	1.17			1.80
23	Cherry Pie Filling	per lb	393-46			1.83			1.847				2.19
24	Chicken Base	per lb	393-78	0.82	1.95	1.84	1.13		1.948				2.04
25	Chile Ancho	per lb	393-80						10.58				8.00
26	Chile Blend Spice	per lb	393-80						2.352				
27	Chile Cascabel	per lb	393-80										
28	Chile Powder	per lb	393-80	3.54		4.25			7.747				4.50
29	Chocolate Chip	per lb	393-37	2.07					2.196				2.59

ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	Pro Valley	Colorado Beef	Ben E. Keith
30	Chocolate Pudding	6/10lb	393-46			40.98			5.627	32.49			29.99
31	Cinnamon Ground	per lb	393-80	3.27		5.95			9.678				5.00
32	Cinnamon Whole	per lb	393-80			27.00			30.63				32.99
33	Cocoa Mix	per lb	393-37						6.133				
34	Coconut Shredded	per lb	393-38			2.31			2.376				28.99
35	Coffee	per lb	385-14		5.60	5.55			6.392				8.55
36	Condensed Milk	24/14 oz	393-64			42.79			1.79				49.69
37	Cookies Asst.	per lb	393-43	1.16					2.724	1.09			2.89
38	Cooking Oil	35 lbs	393-75			22.95			0.856				0.90
39	Corn Bread Mix	6/5 lb	393-04			29.95			5.017				32.67
40	Variety Corn Chips 1.25 oz	ea	393-10			0.22			0.455				0.50
41	Corn Flakes 1 oz	ea	393-35			0.23			0.469				0.59
42	Corn Pops 1 oz	ea	393-35			0.23			0.469				
43	Corn Starch 24	24/1 lb	393-42	17.88		19.65			0.755				19.87
44	Corn Whole	6/10lb	393-86	23.83		32.98			5.326	24.59			30.99
45	Cream Mushroom	12/50oz	385-84	38.92					3.804				47.99
46	Creamer Coffee Pks	ea	393-44	0.016		0.020			0.018				0.025
47	Cumin	per lb	393-80	3.66		4.59	4.20		4.679				6.25
48	Dill Pickles	5 gal	393-69	19.84		19.82			5.24				19.99
49	Dill Relish	4/1 gal	393-69			23.96			5.473				26.99
50	Dry Yeast pks	20/1 lb	393-90	44.49		2.79			2.812				58.99
51	Egg Shell Color	1 pt	393-50						5.598				7.99
52	Elbow Mac	per lb	393-61	0.62		0.95			1.121				1.05
53	Extract Almond	1 pt	393-50						5.012	0.89			5.99
54	Lemon	1 pt	393-50						11.673				12.68
55	Vanilla	1 pt	393-50						4.37				7.87
56	Banana	1 pt	393-50						7.228				5.99
57	Flour	per lb	393-51			0.28			0.293				13.99
58	French Fries Crinkle Cut	6/10lb	385-96			31.95	14.00		1.396				23.78
59	Frosted Flakes 1oz	ea	393-35			0.23			0.405				8.75
60	Fruit Whirls (Cereal)	ea	393-35			0.23			5.15				11.00
61	Fruit Cocktail	6/10lb	393-54			38.99			9.127	32.59			45.78
62	Fruit Punch Sweet powder mix	24/12.5	393-33		33.25	29.25			3.001				33.89
63	Garlic Crushed	per lb	393-80		4.00	4.75			8.714				6.77

ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	Pro Valley	Colorado Beef	Ben E. Keith
64	Graham Crackers pk	ea	393-43			0.13	0.14		0.21				0.12
65	Green Beans	6/10lb	393-86	23.04		24.79			4.832	23.69			30.79
66	Gravy Coloring	gal	393-50			27.16			0.231				
67	Hamony	6/10lb	393-86	20.88		20.49			3.742	20.89			17.99
68	Honey Oats (Cereal)	ea	393-35			0.23			12.05				
69	Italian Seasoning	per lb	393-80	4.89					15.585				13.55
70	Jell-O Green	24/ 1 lb	393-46			1.59	1.59		1.619				
71	Jell-O Orange	24/ 1 lb	393-46			1.59	1.59		1.619				29.99
72	Jell-O Strawberry	24/ 1 lb	393-46			1.59	1.59		1.619				29.99
73	Jelly Packs 10 gr	ea	393-59	0.03		0.045	0.057		0.072				0.06
74	Ketchup pks 9 gr	ea	393-48			0.03	0.27		0.041				0.02
75	Lemon Pepper	per lb	393-80			2.50			12.21				3.71
76	Lemonade Sweet powder mix	24/12.5	393-33		33.25	29.25	32.50		0.645				33.89
77	Mayo	4/1 gal	393-48			26.97			6.255				26.59
78	Mandarin Orange	6/10lb	393-54			28.00			5.63	28.29			39.99
79	Marshmallows	12/1 lb	393-34			22.85			2.103				24.99
80	Instant Mashed Potato Can	6/3 lb	393-87	45.69					9.273				26.99
81	Mighty Protein shake	ea	271-28			0.35			0.42				0.42
82	Mustard	4/1 gal	393-48			19.95	20.77		5.23				12.99
83	Mustard Pks 1.5 gr	ea	393-48			0.02	0.021		1.031				0.028
84	Muffins variety cooked	ea	375-45						0.948				0.90
85	Oatmeal	12/42 oz	393-36			38.88			3.374				39.99
86	Orange Punch Sweet powder mix	24/ 12.5	393-33			29.25			2.386				
87	Oregano Ground	per lb	393-80	3.08			4.75		13.698				14.99
88	Pancake Mix	6/5lb	393-46		0.85	24.95			0.877				19.99
89	Paprika	per lb	393-80	2.92	3.90	3.49			4.012				5.00
90	Peaches Sliced	6/10lb	393-54	25.97		34.50			8.108				43.99
91	Peaches Diced	6/10lb	393-54	22.34		24.95			8.38	24.18			43.99
92	Peanut Butter	per lb	393-68	1.24		1.69			2.172	1.21			1.82
93	Peanut Butter & Jelly Combo pks	2.12 oz	393-68			0.29			0.572				
94	Pears Sliced	6/10lb	393-54						7.83				44.99
95	Pears Diced	6/10lb	393-54	22.47		25.50			8.067	24.18			44.99
96	Peas	6/10lb	393-87	21.72		36.00			5.575	21.59			38.89
97	Peppers Crushed	per lb	393-80			5.95			9.914				7.95

ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	Pro Valley	Colorado Beef	Ben E. Keith
98	Pineapple Chunks	6/10lb	393-54						6.55				28.99
99	Pineapple Slice	6/10lb	393-54						6.608				39.99
100	Pineapple Titbits	6/10lb	393-54						8.77	27.89			36.87
101	Pinto Beans (raw)	50 lbs	393-87			0.80			0.884				41.57
102	Pinto Beans (can)	6/10lb	393-87	22.94		28.99			4.112				25.99
103	Pork Beans	6/10lb	393-86	21.75		34.89			4.917				30.67
104	Variety Potato Chips 1 oz	ea	393-10				0.33		0.448				0.50
105	Potato Hash Brown	6/5lb	385-96				33.00		1.171				41.65
106	Potato Sliced	6/10lb	393-86	29.73					5.183				94.99
107	Powder Milk	per lb	393-65			2.49			2.211				1.98
108	Raisins	per lb	393-55	1.62		2.25			1.727				1.95
109	Ranch Dressing Pks 9 gr	ea	393-48			0.075	0.23		0.098				0.085
110	Can Raviolis in meat Sauce	6/10lb	393-61			46.00			10.265				40.59
111	Rotini	per lb	393-61	0.62		1.05			1.307	0.99			1.05
112	Rice (Grain)	per lb	019-66			0.42			0.425				0.38
113	Rice Krispies	ea	393-35			0.23			0.902				0.33
114	Salad Dressing pks 9gr	ea	393-48			0.04	0.48		2.073				
115	Salt Round	24/26 oz	393-73			17.95			0.798				18.67
116	Saltines Pks	ea	393-43	0.021		0.029	0.05		0.011				0.028
117	Season all Spice	per lb	393-80			1.20			1.127				4.45
118	Shortening	per lb	393-75	0.76		0.87			0.857		0.56		0.80
119	Soy Sauce	4/1 gal	393-48	11.29		20.75			9.94				20.67
120	Spaghetti	per lb	393-61	0.65		0.99			1.125	0.89			1.05
121	Stuffing Mix	6/5 lbs	393-04						2.696				85.75
122	Sugar	per lb	393-81			0.61			0.692				0.58
123	Brown Sugar	per lb	393-81			1.25			1.863				
124	Sugar pks	ea	393-81	0.0075		0.0065	0.01		0.687				0.0075
125	Sugar Powder	per lb	393-81			1.18			1.14				
126	Sweet & Low pks	ea	393-81	0.007		0.008			0.008				0.0095
127	Syrup pks 1 oz	ea	393-82	0.07		0.09	0.13		0.143				0.109
128	Tapioca Pudding	6/10lb	393-46						6.313				36.87
129	Tartar Sauce pks 9 gr	ea	393-48			0.06			0.091				0.085
130	Sweet Tea	3/8 oz	393-33			27.95			0.518				
131	Teriyaki Glaze	gal	393-50			15.80			11.621				14.97

ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	Pro Valley	Colorado Beef	Ben E. Keith
132	Tomato Diced	6/10lb	393-86	18.62		25.49	25.70		4.566				21.99
133	Tomato Sauce	6/10lb	393-48	19.78		21.95			5.158	19.89			21.99
134	Tuna	6/4 lbs	393-74	42.17		54.00	55.52		14.53	43.93			57.99
135	Vanilla Pudding	6/10lb	393-46			33.69			5.977	28.58			29.69
136	Veggie Mix	6/10lb	385-96	23.89		36.95			4.727	24.99			41.79
137	Waffles	ea	385-56			0.13	0.12		0.157	0.12			0.20
138	Whip Topping Dry	12/1 lb	393-46	24.18					2.08				36.99
139	Yams	6/10lb	390-84	28.19					7.595	29.89			37.99
140	French Onion Soup Base-bottle	12 oz	393-78						13.1				
141	County Gravy Mix	24 oz	393-48			2.87	38.75		2.89				3.83
142	Poultry Gravy Mix	15 oz	393-48			3.49			5.194				3.83
143	brown gravy	each	393-48			2.64			4.505				
144	Cilantro Flakes container	4 oz	393-80						6.363				
145	Parley Flakes container	10 oz	393-80			12.59			12.68				13.78
146	Coconut Extract	1 pt	393-50						13.945				14.99
147	Imitation Rum Extract	1 pt	393-50										7.79
148	Coco Corn Flakes 1oz	ea	393-35			0.23							0.31
149	Sliced Jalapenos	6/10lb	393-86			23.49			3.948	22.98			25.69
150	all rasin bran	each	393-48			0.23			0.402				0.31
151	pepperoni	lb	393-48				2.39		4.298				2.99
152	alfredo sauce	cs	393-48			49.88			53.45				76.99
153	dehydrated refried beans	lb	393-48			2.49			4.94				2.40
154	mole suace	lb	393-48			2.86			3.765				2.60
155	pasta shells	lb	393-48	0.89		1.19			1.223				1.05
ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	BENJAMIN	Colorado Beef	Ben E. Keith

**SEASONAL**

1	Turkey Whole Raw	per lb	390-49						1.361	1.29			1.27
2	Pumpkin Pies	ea	375-52				4.00		6.088				6.33
3	Sweet Potato Pies	ea	375-52						6.372				6.67
4	Cheese Danish Variety	ea	375-45						0.621				0.48
5	Coffee Cake Variety	ea	375-45						17.745				19.95
6	Donuts Variety	ea	375-45						0.264				

ITEM	DESCRIPTION	WT	NIGP	Shaver	Farmers	PFG	Best Choice	Double D	Sysco	APEX	Pro Valley	Colorado Beef	Ben E. Keith
7	Cinnamon Rolls	ea	375-45						0.247				0.50
8	French Toast	ea	375-45				0.16		0.557	0.16			0.26
9	Honey Buns	ea	375-45										
10	Fried Pie	ea	375-45						0.466				

### ***MEAT PRODUCTS-RAW***

15 fish fillets pfg better product

### ***DAIRY PRODUCTS***

1 AM CHEESE SLICED, PFG BETTER PRODUCT

5 MOZZ CHEESE PFG BETTER PRODUCT

### ***MEAT PRODUCTS FULLY COOKED***

9 BURRITOS, PFG BETTER PRODUCT

12 CHICKEN FRIED STEAK DOUBLE D BETTER PRODUCT

15 CORN DOG STICKLES PFG BETTER PRODUCT

28 TURKEY BREAST WHOLE DOUBLE D BETTER PRODUCT

33 FC HAMBURGER PATTY DOUBLE D BETTER PRODUCT

37 BONELESS CHICKEN BREAST PFG BETTER PRODUCT

### ***STAPLES (PERISHABLE & NON PERISHABLE)***

2 APPLESAUCE PFG BETTER PRODUCT

17 CALIFORNIA BLENDS SYSCO BETTER PRODUCT

37 COOKIES ASSORTED SHAVER BETTER PRODUCT

58 FRENCH FRIES CRINKLE CUT PFG BETTER PRODUCT

61 FRUIT COCKTAIL PFG BETTER PRODUCT

74 KETCHUP BEN E KEITH BETTER PRODUCT

80 INSTANT MASH PO. SHAVER BETTER PRODUCT

88 PANCAKE MIX PFG BETTER PRODUCT

118 SHORTENING SHAVER BETTER PRODUCT

137 WAFFLES PFG BETTER PRODUCT

76 LEMONADE FARMERS BETTER PRODUCT