

Hidalgo County WIC Program

3105 W. University Drive, Edinburg, Texas 78539



WIC – Women, Infants and Children Program

The Special Supplemental Nutrition Program for Women, Infants and Children, popularly known as WIC, is a nutrition program that helps pregnant women, new mothers and young children eat well, learn about nutrition, and stay healthy. WIC provides nutrition education and counseling, nutritious foods, and help accessing health care for low-income women, infants, and children.

Got WIC?

- Are you pregnant?
- Are you breastfeeding a baby under 1 year of age?
- Are you a woman who has had a baby in the past six months?
- Are you a parent, a step-parent, guardian, or a foster parent of an infant and/or a child under the age of five? If yes, you can apply.

Eligibility Requirements

- ▣ Meet the income guidelines.
- ▣ Be at nutritional risk.
- ▣ Live in Texas.

Current proof of Medicaid, SNAP and TANF accepted

U.S. Citizenship is not a requirement for eligibility.

WIC benefits are not subject to Public Charge

WIC Income Guidelines

Family Size	Weekly	Bi-weekly	Twice Monthly	Monthly	Annual
1	432	864	936	1,872	22,459
2	586	1,172	1,269	2,538	30,451
3	740	1,479	1,602	3,204	38,443
4	893	1,786	1,935	3,870	46,435
5	1,047	2,094	2,268	4,536	54,427
6	1,201	2,401	2,601	5,202	62,419

For **more than 6** family members, please call us.

A pregnant woman counts as **two** family members.

This institution is an equal opportunity provider.
Call:
1-800-WIC-FOR-U
1(800) 942-3678

Rev: 06/01/2018

Our WIC Clinic Directory

Clinic	Address	Phone
Alamo I	313 E. Business 83, Suite 113	783-5369
Alamo II	1429 S. Tower Rd.	784-3523
Alton I	3513 E. Main Ave., Suite 104	519-7159
Alton II	3503 W. 5 th Mile Rd. Suite 5,6 & 7	583-5791
Donna	301 S. 8 th St.	464-2251
Edinburg	3105 E. Richardson	380-0363
Elsa	708 E. Edinburg St.	262-1324
Hidalgo	702 E. Texano St.	843-8151
McAllen II	220 S. Bicentennial, Suite D	972-0554
McAllen III	3001 N. 23 rd St., Suite 8	683-1822
Mercedes	540 S. Texas Ave.	565-2603
Mission I	211 S. Schuerbach Rd.	581-2723
Mission II	722 N. Breyfogle, Suite 2-C	584-3334
North San Juan	509 E. Earling Rd.	702-7788
Pharr I	1903 N. Knights	783-1151
Pharr II	300 W. Hall Acres Rd., Suite A	781-4920
Progreso	510 N. FM 1015	514-0236
Rio Grande City	5404 Brand St., Suite 5	488-0500
Roma	2891 E. Grant St.	849-1459
San Carlos	230 N. 86 th . Street	318-1476
Sullivan City	371 E. Expressway 83	485-2752
Weslaco I	1901 N. Bridge Ave.	968-0594
Weslaco II	417 S. Oregon Ave.	968-3516
Mobile Unit	Rural Areas/Colonias	279-7850

For more information on how to
Get WIC
Call (toll free)
1(800)889-5595