

# Hidalgo County

## Proclamation declaring May as Mental Health Awareness Month

*Whereas* mental health is essential to everyone's overall well-being; and

*Whereas* all Americans experience times of difficulty and stress in their lives, and should feel comfortable in seeking help and support to manage these times; and

*Whereas* engaging in prevention, early identification, and early intervention are just as effective in reducing the burden of mental illnesses as they are reducing the burden of other chronic conditions; and

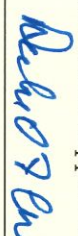
*Whereas* there is a strong body of research that identifies behavioral health risks and supports specific tools that all Americans can use to protect their health and well-being; and

*Whereas* with effective treatment, all individuals with mental illnesses – even serious mental illnesses can make progress toward recovery and lead full, productive lives; and


*Whereas* jails and prisons have often become the default places of custodial care for even nonviolent people with serious mental illnesses; and

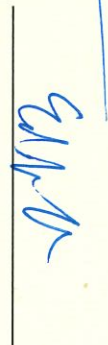
*Whereas* each business, school, government agency, healthcare provider, organization and constituent of Hidalgo County has a responsibility to promote mental health and well-being for all.

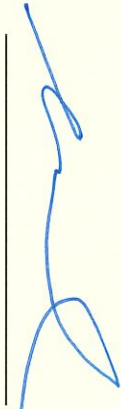
*Now therefore, be it resolved* that the Hidalgo County Commissioners Court does hereby declare May 2022 as Mental Health Awareness Month and calls upon the citizens, government agencies, public and private institutions, businesses and schools within Hidalgo County to commit our community to increasing awareness and understanding of mental health, the steps that our citizens can take to protect their mental health, and the need for appropriate, accessible services and support for all people with mental health conditions and their family members.

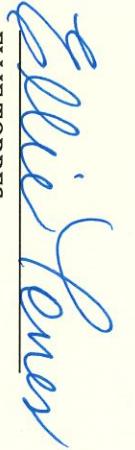
  
RICHARD F. CORTEZ  
County Judge


Approved this 3<sup>rd</sup> day of May, 2022.

  
DAVID L. FUENTES  
County Commissioner, Pct. 1

  
EDUARDO "EDDIE" CANTU  
County Commissioner, Pct. 2

  
EVERARDO "EVER" VILLARREAL  
County Commissioner, Pct. 3

  
ELLIE TORRES  
County Commissioner, Pct. 4

Attest:   
ARTURO GUJARDO, JR.  
County Clerk

